

LESI Gold Championships

March 9-11, 2012

Held under USA Swimming Sanction # LE 1212 S and Time Trials # LE 1212 TT

HEAT ENTRY DEADLINE IS MIDNIGHT ON FRIDAY FEBRUARY 17, 2012

LOCATION: CLEVELAND STATE UNIVERSITY, Robert F. Busbey Natatorium, 2451 Euclid Ave., Cleveland, OH (downtown Cleveland – Euclid Avenue at East 24th Street).

POOL: 25 yards by 10 lanes; Colorado electronic timing and ten lane digital readout scoreboard; continuous warm-up available.

POOL MEASUREMENTS: The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

WATER DEPTH: The average depth of the pool at both the start and turn end is 12 feet.

STARTING TIMES:

Friday Night Warm-ups:

Athletes competing in this session: All Qualifiers

General warm up will begin at 4:30 pm and last 45 minutes.

Competition starting at 5:20 p.m.

Saturday and Sunday MORNING Warm Ups:

Athletes competing in this session: 13 – 14, Open.

Warm-ups will begin at 7:45 a.m. and last 45 minutes

Competition starting at 8:35.

Saturday and Sunday AFTERNOON Warm Ups:

Athletes competing in this session: 10 and Under, 11-12

Warm-ups will begin 15 minutes after the end of the morning session and last 45 minutes.

Saturday and Sunday Finals:

Warm-ups for both Saturday and Sunday Finals will last 45 minutes. The finalized warm up plan and estimated warm up time lines can be found at the LESI website www.lakeerieswimming.com on Wednesday, March 7, 2012.

ATHLETE MEETING: There will be a brief meeting of all 13 & Over athletes held at the conclusion of warm up, and prior to the start of the Sunday morning competition. Athletes will be electing the Junior Athlete Representative to the Board of Directors and will be selecting the winner of the Athletes Award. Each athlete in attendance will have one vote.

ENTRY DEADLINE: The HEAT entry deadline is Friday, 2/17/12 at MIDNIGHT. Please enter via the HEAT website. If you have any questions please contact Chuck Duchon - meetentry@hudsonheat.com. Following completion of the Silver Qualifying Meet, entries can be changed or added up until 6 p.m. on Monday, March 5, 2012.

ENTRY FEES: Individual events \$5.00 plus a \$2.00 per swimmer LESI Surcharge. Entry fees will be deducted from your escrow account. PLEASE VERIFY YOUR BALANCE BEFORE SUBMITTING YOUR ENTRIES. Entry fees are not refundable.

QUALIFYING TIMES: There are qualifying times for this meet. See event listings below for details

ENTRY LIMITATIONS: Swimmers may enter an unlimited number of events but may swim in no more than 3 individual events per day, including individual time trials and bonus events. Swimmers must scratch down to no more than 3 events with no refunds being issued for scratches. Swimmers may compete in no more than two (2) relays per day.

SEE PAGE 5 FOR ACCEPTABLE PROOF OF TIME & DOCUMENTATION

BONUS EVENTS: Swimmers, 12 & Under are eligible for bonus events. Two bonus events are permitted for every event for which a 12 and under swimmer qualifies and enters the meet, with no limit. Events in distance of 400 yards or longer and Open events are not eligible for bonus swims. Swimmers entering bonus events should be entered at their actual time. Please be certain to indicate that the event being entered is a bonus event.

RELAYS: All relays will be timed finals swum during the preliminary sessions. With the exception of the 800 Free Relay, there is no limit as to the number of relays a team may enter. For the 800 Free Relay, only two entries per team are permitted. Exception: More than two may be entered if all satisfy the time standard and proof of time is submitted along with the entry. Only two 800 Free Relays per team will be eligible to score. Swimmers may compete in no more than two relays per day.

DECK ENTRIES: Deck entries will be accepted on a space-available basis at \$10.00/individual event and \$14.00/relay until 35 minutes prior to the start of all sessions and seeded at no time. Switching events constitutes a deck entry. Deck entrants who are new to the meet must present proof of USA Swimming registration to enter and pay the \$2.00 Lake Erie surcharge.

ELIGIBILITY: Swimmers must be current athlete members of LESI and have met the time standard requirements. Swimmers who are too fast to swim an event at Silver Championships and age up between the start of Silver Champs and the start of Gold Championships may enter that event in the new age group as a qualifier at Gold Champs. Coaches must be current coach members of USA Swimming and must check in for each day or session they attend. All coaches must display the deck pass issued by the meet host. (wristband is required to be worn by all coaches) Age is as of the first day of the meet, March 9, 2012. On deck athlete registration will be available. There will be no on-deck registration for coaches.

FASTER THAN: Lake Erie Swimming mandates the following: Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.

Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard pool.

Friday: All events are timed finals. Event 1 (Girls 12 and Under 500 Free) will be scored 10 and Under and 11-12. Events 2 (Boys 12 and Under 500 Free) will be scored 10 and Under and 11-12. Event 9 (Girls 11 and Over 400 I.M.) will be scored 11-12, 13-14, and 15 and Over. Event 10 (Boys 11 and Over 400 I.M.) will be scored 11-12, 13-14, and 15 and Over. Event 13 (Girls 11 and Over 1650 Free) will be scored 11-12, 13-14, and 15 and Over. Event 14 (Boys 11 and Over 1650 Free) will be scored 11-12, 13-14, and 15 and Over. The 1650 will be swum fastest to slowest, alternating women and men.

Saturday Morning: Event 39 (Girls 13-14 500 Free), Event 40 (Boys 13-14 500 Free) Event 41 (Girls Open 500 Free), Event 42 (Boys Open 500 Free) will be swum as timed finals, with the fastest-seeded heat swimming at the finals session. Swimmers who do not want to swim the 500 at the finals session should indicate their desire to swim the 500 during the prelim session by putting a "P" next to their names on the check-in sheet. The fastest ten swimmers who have not indicated a "P" next to their names at check-in will be seeded into the finals session. All other events, except relays, will be swum as preliminaries/finals. The top ten qualifiers from preliminary competition

will advance to finals. There will be no consolation finals. All relays will be timed finals and swum in the morning.

Saturday Afternoon: Event 61 (Girls 11-12 200 Back) and Event 62 (Boys 11-12 200 Back) will be swum as timed finals. All other events, except relays, will be swum as preliminaries/finals. The top ten qualifiers from preliminary competition will advance to finals. There will be no consolation finals. All relays will be timed finals and swum in the afternoon.

Sunday Morning: Event 71 (Girls Open 50 Fly), Event 72 (Boys Open 50 Fly), Event 85 (Girls Open 50 Back), Event 86 (Boys Open 50 Back), Event 91 (Girls Open 50 Breast), Event 92 (Boys Open 50 Breast), Event 91 (Girls 13 and Over 1000 Free), and Event 98 (Boys 13 and Over 1000 Free) will be swum as timed finals. The 1000 Free will be swum fastest to slowest. All other individual events will be preliminaries/finals. The top ten qualifiers in preliminary competition will advance to finals. There will be no consolation finals. All relays will be timed finals and swum in the morning.

Sunday Afternoon: Event 127 (Girls 11-12 1000 Free) and Event 128 (Boys 11-12 1000 Free) will be swum as timed finals. All other individual events will be preliminaries/finals. The top ten qualifiers in preliminary competition will advance to finals. There will be no consolation finals. All relays will be timed finals and swum in the afternoon.

SEEDING & CHECK IN: This is a deck seeded meet. All swimmers must check in for all of their events 30 minutes prior to the start of the session. FOR the 1650 FREE - AN OPTION OF CHECKING IN VIA E-MAIL IS AVAILABLE juliebare@windstream.net - CHECK IN MUST BE RECEIVED BY NOON ON FRIDAY AND SWIMMER MUST BRING CONFIRMATION OF CHECK-IN WITH THEM TO THE MEET. Heat and lane assignments will be posted. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

AWARDS:

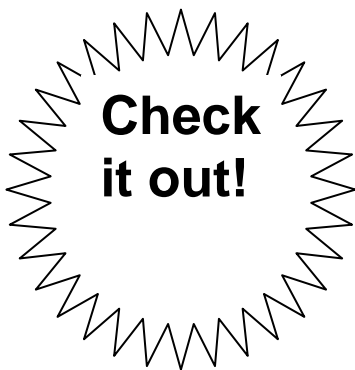
Presentation Protocol will be announced at the Coach's Meeting and posted on deck.

Individual Events: Medals 1-5, Ribbons 6-10

Relay Events: Medals 1-3, Ribbons 4-10

Spirit Award: Awarded to team showing the greatest team spirit.

High Point: All age groups including the Open (10 & Un, 11-12, 13-14, Open) will have individual high point and runner up awards. Points accrued in Open events will not revert to a swimmer's age group.



Team Awards for Gold Championships

Team Awards for Gold Championships will be the following:

Overall: 1st \$100, 2nd \$50, 3rd \$25 for travel fund

Senior Group: (Open and 15 & Over) 1st \$100, 2nd \$50 for travel fund

Age Group (14 and under): 1st \$100, 2nd \$50 for travel fund

Team Awards by Age Group

(11-12 Girls, 11-12 Boys, 10 U Girls, and 10 U Boys)

\$75 Pizza Party for first place

SCORING: INDIVIDUAL...11-9-8-7-6-5-4-3-2-1

RELAYS...22-18-16-14-12-10-8-6-4-2

ADMISSION: \$2.00 for preliminaries and \$1.00 for finals. Psych sheets will be sold for \$1.00 on Friday; \$3.00 on Saturday; and \$3.00 on Sunday. Heat sheets for finals will be sold for \$1.00. CSU also charges for parking, however meters are available and parking on Chester is free on Saturday and Sunday.

RESULTS: Results will be available on the www.lakeerieswimming.com.

TIME TRIALS: Time trials will be held Saturday and Sunday after the morning and afternoon sessions at the discretion of the meet referee. Time trial entry fees are \$10.00 individual event/\$14.00 relay. Time Trial entries close 90 minutes prior to the end of the session. Time Trial events are open to swimmers entered in an individual event in the meet. Time Trial events count toward the daily event limitation.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of warm-up shall be conducted as follows:

Sprints for all ages in designated lanes. Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety. Continuous warm-up is available.

Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms, and is limited to only those areas marked as designated camera zones.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Absolutely no shaving down is allowed in the Cleveland State Facility.

OFFICIATING OPPORTUNITY: Anyone that is USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director or LESI's Officials Chair, Frank Campbell, facampbell@sbcglobal.net, in advance of the meet to let either know of your availability. LESI is also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Frank Campbell.

COACHES: Packets for coaches will be available in the deck-entry office on deck near the CSU record board. There will be a coaches meeting on Saturday and Sunday immediately after the conclusion of warm-ups.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmers legal guardian to ensure compliance with this requirement.

NOTE: Only athletes entered in the meet, working coaches, officials, and working meet volunteers are allowed on deck. All others must remain in the spectator area

WORK ASSIGNMENTS: This is a Lake Erie sponsored meet. Every team is expected to provide workers for each session. Please complete the attached work assignment sheet and return it to: Sharon Badertscher, 7933 South Riverside Dr. Aurora, OH 44202, email: dcwombat@juno.com.

DIRECTIONS: From I-77 NORTH, follow signs to I-90 east to E. 22nd street exit, follow E. 22nd north (left) to Euclid or Chester. From I-90 east or west, exit at Chester Ave., park on Chester or Euclid. From Ohio Turnpike, take I-77 or I-71 north to I-90 east (see above).

Meet Director: Kat Torok mamakatt@roadrunner.com
Sharon Badertscher dcwombat@juno.com 440-708-1285

Safety Director: Chuck Kunsman chuck163@yahoo.com

Entry Chair: Julie Bare, 57 E. Belmeadow Lane, Chagrin Falls, OH 44022-4219, juliebare@windstream.net, (440)338-8659

SPECTATOR EMERGENCY EVACUATION PLAN

In the event of an alarm or an emergency requiring evacuation:
Remain calm, walk to the nearest exit, and leave the building.

**Do not use the elevators.
Do not attempt to go on deck or into the locker rooms.**

Swimmers will be directed by their coaches or meet workers to STILLWELL HALL ON THE WEST SIDE OF THE BUILDING (the scoreboard is on the west wall of the pool).

LAKE ERIE SWIMMING GOLD AND SILVER CHAMPIONSHIPS

PROOF OF TIME & DOCUMENTATION

Times Accepted for Proof of Time

1. Any time that has been entered into SWIMS provides acceptable proof of time. Times from meets that are sanctioned or approved or swims that have been observed by USA Swimming certified officials for compliance with USA Swimming technical rules (see note following this paragraph) are automatically entered into SWIMS. No additional documentation will be required.
2. Times from non-approved and non-observed high school, middle school, or YMCA meets are acceptable as proof of time **if a hard copy of the score sheet/result is sent to Pam Cook (preferably with the referee signature)**
3. Times from summer league meets are not acceptable.

****NOTE

The above policy to accept non-approved and non-observed times from high school, middle school and YMCA meets is only for short course Silver and Gold Championships. It is not good for the following:

- Long course championships
- Any other USA Swimming sanctioned meet (unless the meet information specifies differently)



Attention All Swimmers!

USA Swimming and Lake Erie Swimming team up to present:

The Lake Erie IMX Challenge for SC '11-'12!

Start completing your events when '11-'12 Short Course Season begins!

***You have until April 1, 2012 to complete your event list.**

9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '11-'12 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

All swimmers participating and legally completing each IMX event for their single age group for the 2011-2012 Short Course Season will receive an IMX cap!

Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:

1st place – IMX personalized hoodie

2nd place – IMX towel

3rd place – IMX t-shirt

**LESI Gold Championship Meet
FRIDAY, March 9, 2012**

**Friday Schedule of Events (Timed Finals)
4:30 p.m. Warm-Up 5:20p.m. Meet Start**

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
1	6:48.39 (10 & U) 6:09.29 (11-12)	12 & Under 500 Freestyle	6:44.59 (10 & U) 6:04.69 (11-12)	2
3	8:30 qualifying time applied IF 3+ entered	Open 800 Free Relay	8:00 qualifying time applied IF 3+ entered	4
5	2:56.89	11-12 200 Breast	2:52.89	6
7	2:55.99	10 & Under 200 I.M.	2:55.29	8
9	5:36.09 (11-12) 5:17.79 (13-14) 5:09.89 (15 & O)	11 & Over 400 I.M.	5:28.89 (11-12) 5:00.49 (13-14) 4:47.79 (15 & O)	10
11	2:38.59	11-12 200 Fly	2:35.29	12
13	21:39.59 (11-12) 20:12.19 (13-14) 19:58.89 (15 & O)	11 & Over 1650 Freestyle	21:23.59 (11-12) 19:15.69 (13-14) 18:47.99 (15 & O)	14
All Friday events are timed finals.				

Events 1 and 2 will be scored 10 and Under and 11-12.

Events 9 and 10 will be scored 11-12, 13-14, and 15 and Over.

Events 13 and 14 will be swum fastest to slowest, alternating women and men and will be scored 11-12, 13-14, and 15 and Over.

**LESI Gold Championship Meet
Saturday, March 10, 2012**

**Schedule of Events AM Preliminary Session
7:45 am Warm-Up, 8:35**

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
15*		*13-14 400 Free Relay*		16*
17*		*Open 400 Free Relay*		18*
19	1:07.79	13-14 100 Fly	1:02.89	20
21	1:06.29	Open 100 Fly	1:00.09	22
23	2:46.79	13-14 200 Breast	2:36.29	24
25	2:42.79	Open 200 Breast	2:30.09	26
27	1:08.49	13-14 100 Back	1:04.19	28
29	1:06.59	Open 100 Back	1:01.09	30
31	28.69	13-14 50 Free	26.29	32
33	27.99	Open 50 Free	25.29	34
35	2:30.49	13-14 200 I.M.	2:20.29	36
37	2:26.99	Open 200 I.M.	2:15.09	38
39**	5:52.99	**13-14 500 Free**	5:35.19	40**
41**	5:47.39	**Open 500 Free**	5:24 .29	42**
* Denotes Timed Finals				
**Timed Finals, however, fastest seeded Heat will swim at Finals				

ATHLETE'S MEETING HELD IMMEDIATELY FOLLOWING MORNING SESSION

Schedule of Events PM Preliminary Session

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
43	1:26.69	10-U 100 Fly	1:25.59	44
45	1:13.19	11-12 100 Fly	1:11.69	46
47	41.99	10-U 50 Breast	42.19	48
49	37.79	11-12 50 Breast	37.29	50
51	1:22.19	10-U 100 Back	1:21.29	52
53	1:14.19	11-12 100 Back	1:12.29	54
55	32.19	10-U 50 Free	31.59	56
57	29.49	11-12 50 Free	28.59	58
59	1:22.59	10-U 100 I.M.	1:21.09	60
61	2:37.59	11-12 200 I.M.	2:35.59	62
63		*10 & Under 200 Med Relay*		64
65		*11-12 200 Med Relay*		66
67	2:35.89	*11-12 200 Back*	2:32.89	68

FINALS SCHEDULE: One Championship Heat at Finals:

39, 40, 41, 42, 43, 44, 45, 46, 19, 20, 21, 22, 47, 48, 49, 50, 23, 24, 25, 26, 51, 52, 53, 54, 27, 28, 29, 30, 55, 56, 57, 58, 31, 32, 33, 34, 59, 60, 61, 62, 35, 36, 37, 38

LESI Gold Championship Meet Sunday, March 11, 2012

Schedule of Events AM Preliminary Session

7:45 am Warm-Up, 8:35 Meet Start

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
69	2:24.49	Open 200 Fly	2:13.39	70
71	2:28.59	13-14 200 Fly	2:20.29	72
73*	* ^	*Open 50 fly ^	* ^	74*
75	1:17.59	13-14 100 Breast	1:12.09	76
77	1:15.69	Open 100 Breast	1:08.89	78
79	2:13.79	13-14 200 Free	2:05.29	80
81	2:10.39	Open 200 Free	2:00.09	82
83	2:27.29	13-14 200 Back	2:18.19	84
85	2:23.89	Open 200 Back	2:12.39	86
87*	* ^	*Open 50 Back ^	* ^	88
89	1:02.19	13-14 100 Free	57.39	90
91	1:00.79	Open 100 Free	55.19	92
93*	* ^	*Open 50 Breast^	* ^	94*
95*		*13 - 14 400 Med Relay		96*
97*		*Open 400 Med Relay		98*
99*	12:07.59 (13-14) 11:55.89 (15 and O)	*13 and Over 1000 Freestyle	11:36.39(13-14) 11:12.19 (15 and O)	100*
* Denotes Timed Finals ^ Swimmers must have a 15-16 NAG A time in the 100 in order to enter the 50 of that stroke.				

Events 99 and 100 will be scored 13-14, and Open

Schedule of Events PM Preliminary Session

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
101	1:13.99	11-12 100 I.M.	1:11.49	102
103	37.29	10-U 50 Fly	36.69	104
105	32.39	11-12 50 Fly	32.09	106
107	1:33.39	10-U 100 Breast	1:31.79	108
109	1:22.19	11-12 100 Breast	1:20.49	110
111	2:36.39	10-U 200 Free	2:31.89	112
113	2:19.89	11-12 200 Free	2:16.19	114
115	38.09	10-U 50 Back	38.29	116
117	33.89	11-12 50 Back	33.49	118
119	1:11.89	10-U 100 Free	1:10.79	120
121	1:03.09	11-12 100 Free	1:02.69	122
123*		*10 & Under 200 Free Relay		124*
125*		*11-12 200 Free Relay		126*
127*	12:51.69 (11-12)	11-12 1000 Freestyle	12:42.89 (11-12)	128*
* Denotes Timed Finals				

. All heats of the 1000 Free will be swum fastest to slowest.

FINALS SCHEDULE: One Championship Heat at Finals .

103, 104, 105, 106, 71, 72, 69, 70, 107, 108, 109, 110, 75, 76, 77, 78, 111, 112, 113, 114, 79, 80, 81, 82, 115, 116, 117, 118, 83, 84, 85, 86, 119, 120, 121, 122, 89, 90, 91, 92, 101, 102

IMPORTANT INFORMATION

FRIDAY – all events are timed finals. Swimmers who have checked in for an individual event that is 400 yards or longer will be fined \$25.00 for failure to compete unless the Referee determines that a failure to compete was beyond a swimmer's control.

SATURDAY - All events other than relays, the 11-12 200 backstroke, the 13-14 500 yard freestyle, and the Open 500 freestyle are preliminary/final events. **The top ten finishers in each preliminary event are automatic qualifiers** and **must compete in finals or declare an intention to scratch within 30 minutes of the posted results.** Failure to compete in a final for which a swimmer has not declared an intention to scratch will result in the swimmer's **immediate removal** from all remaining events in the meet. If the failure to compete occurs in the swimmer's last scheduled event, that swimmer will be fined \$25.00. Swimmers may declare their intention to scratch from finals at the announcer's table. As scratches are received, alternates will be notified that they have moved into finals. Alternates who have received such notification must either scratch from finals or compete. Failure to compete after indicating that a desire to swim shall result in the same penalty listed above. There is no penalty to an alternate who is moved into finals but has not received prior notification and declared a desire to swim.

The 13-14 and Open 500 yard freestyle events are timed finals, with the fastest-seeded heat swimming at the finals session. Swimmers who do not want to swim the 500 at the finals session should indicate their desire to swim the 500 during the prelim session by putting a "P" next to their names on the check-in sheet. The fastest ten swimmers who have not indicated a "P" next to their names at check-in will be seeded into the finals session. Failure of any swimmer to compete in the 500 freestyle (at either session) after checking in for it will result in a \$25 fine to that swimmer unless the Referee determines that failure of the swimmer to compete was beyond the swimmer's control.

SUNDAY – All 15 & Over 50 strokes, relays, and the 1000 yard freestyle are timed finals. All other events are preliminary/finals. **The top ten finishers in the preliminary events are automatic qualifiers** and **must compete in finals or declare an intention to scratch within 30 minutes of the posted results.** Failure to compete in a final for which a swimmer has not declared an intention to scratch will result in the swimmer's **immediate removal** from all remaining events in the meet. If the failure to compete occurs in the swimmer's last scheduled event, that swimmer will be fined \$25.00. Swimmers may declare their intention to scratch from finals at the announcer's table. As scratches are received, alternates will be notified that they have moved into finals. Alternates who have received such notification must either scratch from finals or compete. Failure to compete after indicating a desire to swim shall result in the same penalty listed above. There is no penalty to an alternate who is moved into finals but has not received prior notification and declared a desire to swim. All heats of the 1000 yard freestyle will be swum in the preliminary session. Swimmers who check in for the 1000 and fail to compete will be fined \$25.00 unless the Referee determines that the failure to compete was beyond a swimmer's control.

**Cleveland State University
Release and Waiver of Liability**

As consideration for my participation in the _____, (the "event") I hereby for myself, family, heirs, executors, administrators and assigns waive, release and forever discharge Cleveland State University and its Board of Trustees, officers, employees and agents from any and all liabilities, demands, claims, damages, losses, costs (including attorney's fees), actions and causes of action arising out of or in connection with my participation in the above listed event and/or the use of Cleveland State University facilities, furnishings, or equipment during this event, except to the extent such liabilities, demands, claims, damages, losses, costs (excluding attorney's fees), actions and causes of action are attributable to the negligent actions of Cleveland State University or its Trustees, officers, employees, or agents while acting within the course of their employment, as set forth in Ohio Revised Code Section 2743.02. I also acknowledge that Cleveland State University and its Trustees, officers, employees and agents assume no responsibility for any bodily injury, death, loss, illness or accident to myself or others or damage to personal property which may arise out of my participation in this event.

I fully understand and hereby acknowledge that participation in this event involves many risks, including the risks of serious bodily injury and death. In consideration of being allowed to participate in the event listed above, I voluntarily accept and assume all responsibility for and risk of such personal injury arising from such participation.

I understand that any University personnel or agents participating in this event are not necessarily medically trained to care for any physical or medical problems that may occur during this event. I release all such personnel from any claim whatsoever on account of first aid or service rendered to me during my participation in this event.

By placing my signature below, I acknowledge that I have adequate medical and hospitalization insurance for any injuries that I may incur as a result of participating in this event. I attest and verify that I am 18 years of age or older, that I have had a recent physical examination and that I have no known health problems or conditions that could prevent me from successfully participating in this activity.

IF APPLICANT IS LESS THAN 18 YEARS OF AGE, THE PARENT'S CONSENT, RELEASE AND WAIVER OF LIABILITY ON THE BACK OF THIS FORM MUST ALSO BE COMPLETED AND SIGNED.

Participant's Name (Please print)

Participant's Phone

Participant's Address

I have read and fully understand the entire **RELEASE AND WAIVER OF LIABILITY** and my signature below confirms my full understanding and voluntary acceptance of such **RELEASE AND WAIVER OF LIABILITY**.

Participant's Signature

Date

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
 - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
- (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.