

2011 Solon Stars vs. Hudson HEAT Dual Swim Meet
Hosted by Solon Stars Swim Club
Held under USA Swimming Sanction Number #

Saturday –October 8, 2011
At Solon High School Pool

TEAMS ATTENDING: HEAT and STRS

Location: Solon High School Natatorium, 33600 Inwood Road, Solon, Ohio 44139

Pool: 25 yard/8 lanes, electronic timing with 8 lane board, locker rooms, elevated spectator area

Pool Measurement: The competition course has not been certified in accordance with 104.2.2C(4).

Starting Times: Warm Up 7:00 a.m. to 7:45 a.m. warm-up. At the discretion of the Safety Director, warm ups may be split by gender or age group or team.

Entry Deadline:

The due date for entries, electronic or otherwise, is Wednesday, October 5, 2011. Hard copy and meet summary sheet must be received by that date. Email entries to Matt Davis, davism@hudson.edu. A Hy-Tek meet entry summary report (by swimmer) must accompany the entry that is submitted on disk or e-mail. Entries will not be accepted until the following is received (by the above deadline) a check for the entry fee, a signed meet entry form and Hy-Tek summary report. All teams should submit entries on disk compatible with SDIF format.

Entry Fees: none.

Entry Limitations:

Each swimmer may enter no more than 4 events for the day, including relays.

Deck Entries: Deck entries will be accepted on a space available basis only. Deck entered swimmers, new to the meet must provide proof of USA Registration. Deck entries will be seeded at NO TIME (NT).

Eligibility:

The meet is open to current USA registered swimmers from Solon Stars Swim Club or Hudson HEAT in 7th through 12th grade. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of October 8, 2011. On deck USA Swimming registration will NOT be available for athletes or coaches.

Qualifying times: None.

Swimmers with a disability:

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the e-mail accompanying the Hy-Tek file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

Conduct:

The meet will be conducted according to the rules set forth in the current USA Swimming and Lake Erie Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. Heats will be swum slowest to fastest. The Lake Erie scratch rule (attached) will be in effect.

Seeding and Check In:

The meet will be deck-seeded. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately.

Clerk of Course:

There will be no Clerk of Course.

Awards:

Good times, Good friends, and refreshments.

Admissions: Free.

Results:

Final results will be available on the Solon Stars web site. Results will be available to teams with a disk.

Safety/Warm-Up:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of a 30-minute warm up, and 20 minutes of a 45-minute warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers may be removed from warm-up for violating safety rules.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

Concessions:

There will be no concessions but refreshments will be available.

Note:

We are grateful to the Solon Board of Education and the Solon High School staff for the use of this facility. **ONLY Athletes participating in the current session, Officials, Coaches who are current members of USA swimming, and Meet Workers will be permitted on deck.** All others must remain in the spectator areas. We ask all participants and spectators to clear their area of litter and personal belongings after each session.

Meet Director: Mike Davidson, mikedavidson2002@hotmail.com
Matt Davis, davism@hudson.edu

Safety Director: Michael Braverman, mickeyd13@windstream.net

Entry Person: Matt Davis, davism@hudson.edu

Directions:

Exit from Route 422 at Route 91 (SOM Center Road),
Go South on Route 91 past Aurora Road (Route 43)
Inwood Road is the 2nd light after Aurora Road
turn right on Inwood, travel to the end of the school near
the marquee, and turn left at the stop sign into the parking lot

STRS vs. HEAT meet
SCHEDULE OF EVENTS
October 8, 2011
 Sunday AM: 7:00 AM warm-up
 Meet begins at 7:50 AM

Girls #	Qualifying Time Slower Than	Age Group/Stroke	Qualifying Time Slower Than	Boys #
1		*7 th and 8 th grade Open 200 Medley Relay		2
3		*High School Open 200 Medley Relay		4
5		*7 th and 8 th grade Open 400 IM		6
7		*High School Open 400 IM		8
9		*7 th and 8 th grade Open 200 Free		10
11		*High School Open 200 Free		12
13		*7 th and 8 th grade Open 50 Free		14
15		*High School Open 50 Free		16
		10 minute break		
17		*7 th and 8 th grade Open 100 Fly		18
19		*High School Open 100 Fly		20
21		*7 th and 8 th grade Open 100 free		22
23		*High School Open 100 free		24
25		**7 th and 8 th grade Open 1000 Free		26
27		**High School Open 1000 Free		28
29		*7 th and 8 th grade Open 100 Back		30
31		*High School Open 100 Back		32
33		*7 th and 8 th grade Open 100 Breast		34
35		*High School Open 100 Breast		36
37		*7 th and 8 th grade Open 200 Free Relay		38
39		*High School Open 200 Free Relay		40

* Middle and High School events of each stroke may be combined by gender and/or by age at the discretion of the Referee

** Events 25, 26, 27, and 28 (1000 Free) may be limited to one heat each, and may be combined by gender, and/or age at the discretion of the Referee.

**LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.

B. Events Seeded on the Deck –

(1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.

(2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).

(3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.

(4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).

C. Scratching from Bonus Finals, Consolation Finals, and Finals

(1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.

(2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).

D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.

(3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

