

2010 TYR “Summer Swimfest” Swim Meet
Hosted by the Solon Stars Swim Club
June 12-13, 2010
Held under USA Swimming Sanction # LE 1035 L

HEAT ENTRY DEADLINE IS MIDNIGHT ON FRIDAY MAY 28, 2010

LOCATION: Solon Municipal Pool, 33655 Arthur Road, Solon, Ohio 44139.

POOL: Outdoor, 50 meters by 6 lanes, electronic timing, locker rooms, 2 line score board, grassy area for tents or blankets.

POOL MEASUREMENTS: The competition pool has not been certified in accordance with 104.2.2C (4) of the USA Swimming Rules and Regulations.

WATER DEPTH: The pool is 12 feet deep at the start end and 3.5 feet deep at the turn end.

STARTING TIMES: Saturday and Sunday AM session warm-ups: 7:45-8:30 a.m. with competition starting at 8:35 a.m. Warm-ups for the afternoon session will begin 15 minutes after the conclusion of the morning session and last for 45 minutes. At the discretion of the Meet Safety director, the warm-ups may be split by gender, age group or team and last for 30 minutes each. The finalized warm-up plan and estimated PM session starting times will be posted at the LESI website www.Lakeerieswimming.com or www.solonstars.com by Wednesday, June 9, 2010.

ENTRY DEADLINE: The HEAT due date for entries is MIDNIGHT on Friday, May 28, 2010. Due to the uncertainty surrounding Direct Athletics please EMAIL your entries (include the event name & event number) to Chuck Duchon at meetentry@hudsonheat.com

ENTRY FEES: Individual events \$4.50; Relays: \$8.00; a \$2.50 per swimmer HEAT/LESI surcharge. The meet entry fees will be deducted from your swimmers Escrow Account

ENTRY LIMITATIONS: Swimmers may enter up to 3 events per day, exclusive of relays. If time becomes an issue, relays may be limited to 2 per team and the 400 I.M., 400 Free, and 800 Free may be limited to the fastest 3 heats. Swimmers closed out of these events may enter another event if space is available or receive a refund.

DECK ENTRIES: Deck entries will be accepted on a space-available basis at \$6.50/individual event and \$12.00/relay until 35 minutes prior to the start of all sessions. Deck entrants who are new to the meet must present proof of USA Swimming registration and pay the \$2.00 Lake Erie surcharge. Deck entries will be seeded at **NO TIME (NT)**. A table for deck entries will be located on the pool deck near the entrance.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in for each session they attend. Coaches must display the deck pass (Wrist band to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, June 12, 2010. On deck USA Swimming registration will be available for athletes. There will not be on-deck registration for coaches.

QUALIFYING TIMES: Please see the event listings (times shown are for LC) and note only the morning sessions have qualifying times. Converted times will be accepted. Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS

database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.

Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 50-meter pool. All events are timed finals. Heats will be swum slowest to fastest. All events are Open, but will be scored separately by age group (10 & Under, 11-12, 13-14, 15 and Over).

SEEDING & CHECK IN: This is a deck seeded meet. All swimmers must check in for all of their events 30 minutes prior to the start of the session. Check-in sheets will be posted on deck near the entrance to the pool. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie Scratch Rule (attached) will be in effect.

CLERK OF COURSE: There is no Clerk of Course. All swimmers must report to the blocks on time.

AWARDS: Ribbons be awarded to 1st through 8th place for individual events, and 1st through 3rd place for relays. Open events will be scored separately by age groups 10 and Under, 11-12, 13-14, and 15 and Over. A high point award and high point runner up award will be presented to the male swimmers and the female swimmers who earn the most points in the morning session in the following age groups: 10 and Under, 11-12, 13-14, 15 and Over. Only points earned in individual events swum in the morning sessions will be counted toward the high point award. A high point team award will be given to the team scoring the most points in the afternoon sessions. **All awards must be picked up at the meet.**

SCORING: INDIVIDUAL...8-7-6-5-4-3-2-1
RELAYS...4-3-2

ADMISSION: \$3.00 at the door. Psych sheets are \$5.00 per day. No smoking permitted in the facility.

RESULTS: Results will be available at www.lakeerieswimming.com.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45 minute warm-up or 15 minutes of a 30 minute warm-up shall be conducted as follows:

(a) Lanes 1 & 6 are push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).

(b) Lanes 2 & 5 are sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.

(c) Lanes 3 & 4 are general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

OFFICIATING OPPORTUNITY: Anyone that is USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating this meet. Please contact the meet director or LES's Officials Chair, Chuck Kunsman (chuck163@yahoo.com), in advance of the meet to let either know of your availability.

LES is also looking for anyone interested in becoming an official. For more information please contact the Official's Chair, Chuck Kunsman (chuck163@yahoo.com).

COACHES: Coach's packets and relay cards will be available at the coach's check-in table near the entrance of the pool.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

CONCESSIONS & MERCHANDISE: A concession stand will be open throughout the meet. The sale of TYR swimwear and accessories will be available.

MEET DIRECTOR: Sharon Badertscher, dcwombat@juno.com, 440-708-1285

SAFETY DIRECTOR: Michael Braverman, mickeyd13@windstream.net, 440-543-4485

ENTRY PERSON: Dave Poduska, poduska@ieee.org, 440-241-5776

DIRECTIONS: From the north, exit Route 422 at Route 91 (SOM Center Road). Go south on Route 91 past Aurora Road (Route 43). Arthur Road is the 4th light after Aurora Road. Turn right on Arthur Road; the pool is immediately on your right. Parking is available at the Elementary School adjacent to the pool.

From the south or from the turnpike (Route 80):

Exit turnpike (Route 80) at Route 480. Take Route 480 to the Route 91 exit. Turn right on Route 91 and travel north. Stay on Route 91 through the center of Twinsburg and continue on past Pettibone Road. Arthur Road is the 2nd light past Pettibone Road. Turn left on Arthur Road; the pool is immediately on your right. Parking is available at the Elementary School adjacent to the pool.

SPECTATOR EMERGENCY EVACUATION PLAN

In the event of a weather or other type of emergency, evacuation of spectators and swimmers will be through the locker rooms on the west side of the pool, the parking lot gate at the north end of the pool, or the gate on the east side of the pool. Everyone will proceed to their cars in the adjacent parking lots until notified that they can return to the pool area. A diagram of the evacuation route will be included in the psych sheet.

2010 TYR "Summer Swimfest"
June 12, 2010
Saturday, AM Session
7:45-8:30 a.m. warm-up, 8:35 a.m. meet start

Timed Finals

| Girls # | Qualifying Time (Equal or faster than) | Age Group/Stroke | Qualifying Time (Equal or faster than) | Boys # |
|----------------|---|--------------------------|---|---------------|
| 1 | | Open 400 Medley Relay | | 2 |
| 3 | 3:05.69 | Open 200 I.M. | 2:55.99 | 4 |
| 5 | 1:24.29 | Open 100 Back | 1:20.59 | 6 |
| 7 | 2:44.39 | Open 200 Free | 2:35.19 | 8 |
| 9 | 1:36.39 | Open 100 Breast | 1:28.09 | 10 |
| 11 | 3:02.29 | Open 200 Fly | 2:51.99 | 12 |
| | | 10 Minute Warm-up | | |
| 13 | 12:35.99 | Open 800 Free* | 12:14.29 | 14 |

* The Host team reserves the right to limit the 800 Free to 3 heats/top 18 swimmers.
 (Open events are scored separately by age group 10 and Under, 11-12, 13-14, and 15 and Over)

June 12, 2010
Saturday, PM Session

Saturday afternoon warm-ups will begin 15 minutes after the conclusion of the Morning session. Competition will begin after a 45 minute warm-up. Estimated start times will be posted at www.lakeerieswimming.com or www.solonstars.com

Timed Finals

| Girls # | Qualifying Time | Age Group/Stroke | Qualifying Time | Boys # |
|----------------|------------------------|-------------------------|------------------------|---------------|
| 15 | | Open 200 I.M. | | 16 |
| 17 | | Open 100 Fly | | 18 |
| 19 | | Open 50 Breast | | 20 |
| 21 | | Open 200 Back | | 22 |
| 23 | | Open 100 Free | | 24 |
| 25 | | Open 200 Breast | | 26 |
| 27 | | Open 50 Back | | 28 |
| 29 | | Open 400 Medley Relay | | 30 |

(Open events are scored separately by age group 10 and Under, 11-12, 13-14, and 15 and Over)

2010 TYR "Summer Swimfest"
June 13, 2010
Sunday, AM Session
7:45-8:30 a.m. warm-up, 8:35 a.m. meet start

Timed Finals

| Girls # | Qualifying Time | Age Group/Stroke | Qualifying Time | Boys # |
|----------------|------------------------|--------------------------|------------------------|---------------|
| 31 | | Open 400 Free Relay | | 32 |
| | | 10 Minute Warm Up | | |
| 33 | 6:31.09 | Open 400 IM* | 6:13.19 | 34 |
| 35 | 3:01.29 | Open 200 Back | 2:54.09 | 36 |
| 37 | 35.19 | Open 50 Free | 32.79 | 38 |
| 39 | 3:27.99 | Open 200 Breast | 3:17.19 | 40 |
| 41 | 1:22.89 | Open 100 Fly | 1:16.99 | 42 |
| 43 | 1:16.19 | Open 100 Free | 1:11.49 | 44 |
| | | 10 Minute Warm Up | | |
| 45 | 6:09.39 | Open 400 Free* | 5:53.29 | 46 |

* The Host team reserves the right to limit the 400 IM and the 400 Free to 3 heats/top 18 swimmers.
 (Open events are scored separately by age group 10 and Under, 11-12, 13-14, 15 and Over)

June 13, 2010
Sunday, PM Session

Sunday afternoon warm-ups will begin 15 minutes after the conclusion of the Morning session. Competition will begin after a 45 minute warm-up. Estimated start times will be posted at www.lakeeriewimming.com or www.solonstars.com

Timed Finals

| Girls # | Qualifying Time | Age Group/Stroke | Qualifying Time | Boys # |
|----------------|------------------------|-------------------------|------------------------|---------------|
| 47 | | Open 200 Free | | 48 |
| 49 | | Open 50 Fly | | 50 |
| 51 | | Open 100 Back | | 52 |
| 53 | | Open 50 Free | | 54 |
| 55 | | Open 200 Fly | | 56 |
| 57 | | Open 100 Breast | | 58 |
| 59 | | Open 400 Medley Relay | | 60 |

(Open events are scored separately by age group 10 and Under, 11-12, 13-14, and 15 and Over)

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
 - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
 - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
 - (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
 - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.