

THE 42nd ANNUAL FREEDLANDER SWIM MEET
Hosted by
THE WOOSTER YMCA AND RECREATION SWIM CLUB
July 9, 10 & 11, 2010
Held under USA Swimming Sanction LE# 1038 L; Time Trials LE# 1038 TT

HEAT ENTRY DEADLINE IS MIDNIGHT ON FRIDAY JUNE 25, 2010

LOCATION: Freedlander Park Pool, 400 Hillside Dr., Wooster, OH, 44691

POOL: 50 meters, long course, heated and lighted. Ten 7-foot lanes with Kiefer Competitor, non-turbulent lane markers. Daktronics electronic judging and timing system with touch pads, backed up with Daktronics push-button system. Excellent spectator viewing and spacious adjacent parking areas.

- A. 350 hillside spectator bleacher seats for better viewing
- B. Scoreboard that has event and heat number-lane, place and time
- C. Touch pads at both ends of the pool. There will be in-water starts at the north end of the pool for relays.

POOL MEASUREMENTS: The competition course has not been certified in accordance with 104.2.2C (4).

WATER DEPTH: The depth of the pool at the start end is 4.0 feet and the depth at the turn end is 3 feet 5 inches.

STARTING TIMES: Friday night warm-up will begin at 5:00 p.m. and end at 5:50 p.m. The meet will start at 6:00 p.m. For both Saturday and Sunday morning session (8 & Under, 10 & Under, and 11-12) warm-up will be 8:00 – 8:50 a.m., with competition starting at 9:00 a.m. Afternoon (13-14, 15-16, and OPEN) warm-up will begin 15 minutes after the conclusion of the morning session and last for fifty minutes. Estimated afternoon start times will be posted at Lakeerieswimming.com and woosterwhales.com by July 7, 2010. At the discretion of the Meet Safety director, warm ups may be split by gender or age group or team.

ENTRY DEADLINE: The HEAT due date for entries is MIDNIGHT on Friday, June 25, 2010. Due to the uncertainty surrounding Direct Athletics please EMAIL your entries (include the event name & event number) to Chuck Duchon at meentry@hudsonheat.com

ENTRY FEES: Individual events \$4.00; Relays: \$10.00; a \$2.50 per swimmer HEAT/LESI surcharge. The meet entry fees will be deducted from your swimmers Escrow Account

ENTRY LIMITATIONS: Swimmers may enter 4 individual events/day exclusive of relays. Swimmers may participate in time trials providing that the numbers of swimmer's events and time trials do not exceed the 4-event/day limit.

DECK ENTRIES: Deck entries will be taken on a space available basis up to 35 minutes before the start of the session and seeded at NT. Deck entrants should sign up at the deck entry table located on the pool deck by the locker rooms at a cost of \$7 per individual and \$20 per relay event. Deck entries will be added into open lanes and will be allowed to score. No new heats will be created for deck entries. Deck entry swimmers new to meet will be charged \$2.00 LESI surcharge and must provide proof of USA Swimming registration.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming and have met the time standard requirements. Registration numbers **MUST APPEAR ON ENTRY FORMS**. No "applied for" or pending statuses" will be entered. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, July 9, 2010. On deck USA Swimming registration will be available (does not include coach registration).

QUALIFYING TIMES: Please see event listings. Time standards are for some 200-meter and longer events only. Swimmers must be equal to, or faster than, the qualifying time listed as of the entry deadline. All entries should be in long course meters; TM conversions are acceptable.

FASTER THAN: Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice. Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular form); (2) list in the e-mail accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules Regulations. Events will be contested in a 50-meter long course. All events are **TIMED FINALS**. Swimmers are limited to entry and competition in four events per day (excluding relays). In **AGE GROUP** events, swimmers must enter in their own age group; age on July 9, 2010 will determine age group. **Any eligible swimmer, regardless of age, may enter OPEN events.** The Lake Erie scratch rule (attached) will be in effect.

SEEDING & CHECK IN: Saturday and Sunday a.m. individual events will be pre-seeded. Swimmers should report to Clerk of Course when their events go on call (for Saturday and Sunday AM session only). All relays will be seeded on the deck and coaches should turn in their relay cards when called. Relay cards for events 35, 36, 91, and 92 MUST be turned in 35 minutes before the start of the PM session in order to be seeded. All of Friday's events and Saturday and Sunday p.m. events will be seeded on the deck. Swimmers must check in for all events that are to be seeded on the deck no later than 30 minutes before the start of their session in order to be seeded. Check-in sheets will be posted at the Clerk of Course table. Heat sheets will be posted on the pool deck indicating heat and lane assignments. Swimmers are responsible for reporting to the blocks on time. The Lake Erie scratch rule (attached) is in effect. In accordance with 102.1.4, events may be seeded together but scored separately. There will not be a scratch meeting.

AWARDS: TEAM SCORING – Trophies will be awarded for 1st, 2nd and 3rd place Team finish. 8 and under events will not be scored. Scoring to ten places for Individual is (1st 10, 2nd 9, 3rd 8, 4th 7, 5th 6, 6th 5, 7th 4, 8th 3, 9th 2, and 10th 1). Relays are (1st 20, 2nd 18, 3rd 16, 4th 14, 5th 12, 6th 10, 7th 8, 8th 6, 9th 4, and 10th 2).

INDIVIDUAL AWARDS – Custom medals for 1st, 2nd, and 3rd place. Ribbons will be awarded for 4th through 10th place in each event. Heat ribbons to the winner of each heat.

ADMISSION COST: Admission is FREE; Daily/Heat sheet - \$5.00 (Quantity published for each session will be determined by the Meet Director)

FOOD: Will be available at the special concessions through the Facility/Pool

LODGING: See the enclosed sheet for overnight accommodations and camping information

RESULTS: Will be posted on www.lakeeriewimming.com web site. Teams may request a backup at the conclusion of the meet.

TIME TRIALS: Will be held at the end of each session **IF TIME PERMITS (TBD by the meet referee and the meet director)**. Swimmers already entered in the meet may participate in time trials providing that the number of swimmer's entries and time trials do not exceed the 4-event/day limit. Entry Fees for time trials are: \$7.00 for each individual event and \$20.00 for each relay event. Time trial sign up will end 75 minutes before the end of each session.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain as much verbal and visual contact with their swimmers as possible throughout the warm-up period. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-ups except in designated sprint lanes. Swimmers may be removed from warm-up for violating safety rules. The diving well will be available for quiet warm-up/cool downs during the competition. The final 20 minutes of warm-ups shall be conducted as follows:

- (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

Officiating Opportunity: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating at this meet. Please contact the meet director, Larry Smucker, or LESI's Officials Chair, Chuck Kunsman, in advance of the meet if at all possible to let either know of your availability. The meet director's and Chuck's contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Chuck Kunsman.

Meet Director: Larry Smucker: Ljscoach1@aol.com

Official's Chair: Chuck Kunsman: chuck163@yahoo.com

COACHES PACKETS: Will be available for pick on Friday night, Saturday and Sunday at the Swim Team office, located inside the Freedlander Chalet. Coaches will receive their packets after they have checked in and been issued their deck pass and wristband.

UNSUPERVISED SWIMMERS: Swimmers at the meet without a coach must report to the Meet Referee, Meet Director, or the Meet Safety Director to be assigned to a coach.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Larry Smucker Telephone (Pool) 330-263-5200 ext. 415 (Parks & Rec) 330-263-5207 Liscoach1@aol.com

SAFETY DIRECTOR: Joel Schmidt Telephone 330-345-4639 schmidt.jo@wooster.k12.oh.us

ENTRY PERSON: Charlotte Mitchell Telephone 330-263-0632 pacmitch5@yahoo.com

EVACUATION PLAN: In the event of a weather or other type of emergency, evacuation of spectators and swimmers will be through the locker rooms or the gate in the spectator area on the west side of the pool, or the parking lot gate located on the south side of the pool. Everyone will proceed to their cars in the west and south parking lots until notified that they can return to the pool area. A diagram of the evacuation route will be included in the Heat Sheet.

DIRECTIONS:

From the north: take I-71 south to S.R. 83. Travel south on S.R. 83 to Friendsville Road. At the Friendsville Road red light turn right. Travel one block to Hillsdale Drive and turn left into Freedlander Park.

From the south: take I-71 north to S.R. 30. Travel east on S.R. 30 to S.R. 83. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel one block to Hillsdale Drive and turn left into Freedlander Park.

From the east: take S.R. 30 or S. R. 250 west to S.R. 83 north. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel one block to Hillsdale Drive and turn left into Freedlander Park.

From the west: take S. R. 30 east or S.R. 250 east to S. R. 83 north. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel one block to Hillsdale Drive and turn left into Freedlander Park.

Motels

Days Inn	789 E. Milltown Rd., Wooster	330-345-1500
Amerihost Inn – East	2055 Lincoln Way, Wooster	330-262-5008
Best Western	243 E. Liberty, Wooster	330-264-7750
Econo Lodge	2137 Lincoln Way East, Wooster	330-264-8883
Hampton Inn	4253 Burbank Road, Wooster	330-345-4424
Hilton Garden Inn	959 Dover Road, Wooster	330-202-7701
Wooster Inn	801 E. Wayne Ave., Wooster	330-263-2660

Camping at Freedlander Park – Call 330-263-5207 for reservations. Cost is \$10.00 per campsite per night. If interested in camping please contact Larry Smucker, Meet Director.

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
 - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
- (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

**Saturday AM – 8:00 Warm-Up, 9:00 meet start (Timed Finals)
July 10, 2010**

Girls #	Cutoff Time (Equal to or faster than)	Age Group/Stroke	Cutoff Time (Equal to or faster than)	Boys #
11		10 & Under 100 Fly		12
13		11-12 100 Fly		14
15		8 & Under 50 Free		16
17		10 & Under 50 Free		18
19		11-12 50 Free		20
21		10 & Und 100 Breast		22
23		11-12 100 Breast		24
25		8 & Under 50 Back		26
27		10 & Under 50 Back		28
29		11-12 50 Back		30
31		10 & Un 200 Med Relay		32
33		11-12 200 Med Relay		34

**Saturday PM – Warm-Up 15 min. after end of morning session.
Meet Start (Timed Finals) check www.Lakeerieswimming.com.
July 10, 2010**

Girls #	Cutoff Time (Equal to or faster than)	Age Group/Stroke	Cutoff Time (Equal to or faster than)	Boys #
35		Open 400 Free Relay		36
37		13-14 200 IM		38
39		15-16 200 IM		40
41		Open 200 IM		42
43	3:30.00	Open 200 Breast	3:15.00	44
45		13-14 50 Free		46
47		15-16 50 Free		48
49		Open 50 Free		50
51	3:20.00	Open 200 Butterfly	3:10.00	52
53		13-14 100 Back		54
55		15-16 100 Back		56
57		Open 100 Back		58
59		13-14 200 Med Relay		60
61		Open 200 Med Relay		62

**Sunday AM – 8:00 Warm-Up, 9:00 meet start (Timed Finals)
July 11, 2010**

Girls #	Cutoff Time	Age Group/Stroke	Cutoff Time	Boys #
63		10 & Under 100 Back		64
65		11-12 100 Back		66
67		10 & Under 100 Free		68
69		11-12 100 Free		70
71		8 & Un 50 Butterfly		72
73		10 & Un 50 Butterfly		74
75		11-12 50 Butterfly		76
77		10 & Under 200 IM		78
79		11-12 200 IM		80
81		8 & Under 50 Breast		82
83		10 & Under 50 Breast		84
85		11-12 50 Breast		86
87		10 & Un 200 Free Relay		88
89		11-12 200 Free Relay		90

**Sunday PM - Warm-Up 15 min. after end of morning session.
Meet Start (Timed Finals) check www.Lakeerieswimming.com
July 11, 2010**

Girls #	Cutoff Time (Equal to or faster than)	Age Group/Stroke	Cutoff Time (Equal to or faster than)	Boys #
91		Open 400 Med Relay		92
93		13-14 100 Freestyle		94
95		15-16 100 Freestyle		96
97		Open 100 Freestyle		98
99	3:15.00	Open 200 Back	3:00.00	100
101		13-14 100 Butterfly		102
103		15-16 100 Butterfly		104
105		Open 100 Butterfly		106
107		13-14 200 Freestyle		108
109	2:40.00	Open 200 Freestyle	2:25.00	110
111		13-14 100 Breast		112
113		15-16 100 Breast		114
115		Open 100 Breast		116
117		13-14 200 Free Relay		118
119		Open 200 Free Relay		120