

The Candy Cane Meet
Sponsored by
Vacationland Swim Club
December 20, 2009
Held under USA Swimming Sanction # LE 963 S

The HEAT Entry deadline is MIDNIGHT on Friday, November 27, 2009

LOCATION: Perkins High School Pool, 3714 Campbell St. Sandusky, Ohio 44870

POOL: 25 yards by 6 lanes, Colorado Timing System with 6 lane digital score board and non-slip touch pads.

POOL MEASUREMENTS: The competition course has not been certified in accordance with 104.2.2C(4).

STARTING TIMES: The morning warm-ups are from 8:00-8:45 a.m., with competition starting at 8:50 a.m. The afternoon warm-up will begin 15 minutes after the conclusion of the morning session, but not before 12:30 p.m. and last 45 minutes. Estimated afternoon start times will be posted at www.lakeeriewimming.com by December 17th. At the discretion of the Meet Safety director, warm ups may be split by gender or age group or team. There will be a 10 minute warm up prior to events 51 and 52 (500 free).

ENTRY DEADLINE: The HEAT Entry deadline is MIDNIGHT on Friday, November 27, 2009. Please enter at Direct Athletics. If you have any questions contact Chuck Duchon at meetentry@hudsonheat.com

ENTRY FEES: Individual events \$4:00; Relays: plus a \$2.50 per swimmer HEAT/LESI surcharge. The entry fee will be deducted from your HEAT escrow account.

ENTRY LIMITATIONS: Swimmers may enter up to 4 individual events/day, exclusive of relays. There is a two relay limit.

DECK ENTRIES: Deck entries will be taken on a space available basis up to 35 minutes before the start of the session and seeded at NT (no time). Deck entrants should sign up at the deck entry table @ \$8.00 per individual event and \$ 15.00 per relay. Deck entry swimmers new to meet will be charged \$2.00 LESI surcharge and must provide proof of USA Swimming registration.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, December 20, 2009. **No on deck USA Swimming registration will be available.**

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. The events are timed finals. Order of the heats is slowest to fastest. **The 11 – over and 13-over events will be swum together but scored separately.** The 500 freestyle events will be limited to the 3 fastest heats. Swimmers who are closed out of the 500 free may enter another event on a space available basis or receive a refund.

SEEDING & CHECK IN: Individual events will be deck-seeded. All relay events will be seeded on the deck. All swimmers must check in at least 30 minutes prior to the start of their session for events seeded on the deck. Check-in sheets will be posted in the Clerk of Course. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

AWARDS: Individual Events: Medals for 1st-3rd. Ribbons for 4th-6th
Relay Events: Ribbons for: 1st-3rd
Heat winners for individual events will be awarded a giant candy cane.

ADMISSION COST: \$3.00 per spectator and \$2.00 per heat sheet per session.

RESULTS: Will be posted on Lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45 minute warm-up shall be conducted as follows:

For a 6 lane pool:

- (a) Lane 1 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 5 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- (c) Lanes 3, 4, and 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and exit out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules.

No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in officiating this meet. Please contact the meet director, Mike Wohl or the LESI's Officials Chair, Chuck Kunsman, in advance of the meet if at all possible to let either know of your availability. The meet director's and Chuck's contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Chuck Kunsman.

Meet Director's E-mail: Mike Wohl: E-Mail: swimwohl@aol.com

Official's Chair: Chuck Kunsman: E-mail: chuck163@yahoo.com

COACHES: Coaches' packets will be available at the admissions table.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Mike Wohl swimwohl@aol.com 419-626-4835

SAFETY DIRECTOR: Jeff White white0216@sbcglobal.net 419-621-0368

ENTRY PERSON: Linda Wohl swimwohl@aol.com 419-626-4835

DIRECTIONS: From the East: Take Route 2 west to Rt. 250 and go north. Go north approximately 1 mile to Strub Rd. and turn left. Follow Strub Rd. to Campbell St. Turn right on Campbell St. and Perkins High School is approximately ¼ mile on the right. Turn into the parking lot closest to the south end of the building. Enter doors at the side of the building.

From the West: Take Route 2 or the Turnpike east to Rt. 4 and go north. Follow Rt. 4 to Strub Rd. and turn right. Follow Strub Rd. First light (Campbell St.) and turn left. Perkins high School is approximately ¼ mile on the right. Turn in the parking lot closest to the south side of the building. Enter doors at side of the building.

From the South: Take Rt. 4 north to Strub Rd. and turn right. Follow Strub Rd. First light (Campbell St.) and turn left. Perkins high School is approximately ¼ mile on the right. Turn in the parking lot closest to the south side of the building. Enter doors at side of the building.

MOTELS:

Cast-Away Bay	1 Cedar Point Dr.	419-627-2106
Clarion Inn	1119 Sandusky Mall Blvd.	419-625-6280
Comfort Inn	5900 Milan Rd.	419-621-0200
Great Bear Lodge	4000 Milan Rd.	419-609-6000
Holiday Inn	5513 Milan Rd.	419-626-6671
Holiday Inn Express	5513 Milan Rd.	419-624-0028
Radisson Harbour Inn	2001 Cleveland Rd.	419-627-2500
Great Wolf Lodge	4600 Milan Rd.	888-779-2327
Kalahari Resort	7000 Kalahari Dr.	877-525-2427



Attention All Swimmers!

USA Swimming and Lake Erie Swimming team up to present:

The Lake Erie IMX Challenge for SC '09-'10!

Start completing your events when '09-'10 Short Course Season begins!

***You have until April 1, 2010 to complete your event list.**

9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '09-'10 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

All swimmers participating and legally completing each IMX event for their single age group for the 2009-2010 Short Course Season will receive an IMX cap!

Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:

- 1st place – IMX towel**
- 2nd place – IMX hoodie**
- 3rd place – IMX drawstring bag**

The Candy Cane Meet
SCHEDULE OF EVENTS
December 20 2009
Sunday Morning

8:00 Warm-up, 8:50 meet start (Timed Finals)

Girls #	Qualifying Time (if applicable)	Age Group/Stroke	Qualifying Time (if applicable)	Boys #
1		10 & Under 200 free		2
3		8-u Mixed100 Med Relay 2-girls,2-boys		
4		10-u 50 free		5
6		10-u 200 breaststroke		7
8		8-u 25 breaststroke		9
10		10-u 50 backstroke		11
12		8-u 25 free		13
14		10-u 200 IM		15
16		8-under 25 backstroke		17
18		10-u 50 breaststroke		19
20		8-under 25 butterfly		21
22		10-under 100 free		23
24		10-under 50 butterfly		25
26		Mixed 10-u 200 Free relay 2-girls,2-boys		

Sunday Afternoon

The afternoon warm-up will begin 15 minutes after the conclusion of the morning session but not before 12:30 PM. The competition will begin at the completion of the 45-minute warm-up. Estimated start times will be listed at www.lakeerieswimming.com by Dec. 17th.

**Please note: All afternoon 11-over events will be conducted as multi-age!
These events will be awarded as 11-12 and 13-over.**

Girls #	Qualifying Time (If applicable)	Age Group/Stroke	Qualifying Time (If applicable)	Boys #
27		11-over 200 Mixed Medley Relay 2-girls,2-boys		
28		13-over 200 backstroke		29
30		11-Over 50 freestyle		31
32		13-over 100 backstroke		33
34		11-12 50 butterfly		35
36		11-over 200 IM		37
38		11-12 50 breaststroke		39
40		11-12 200 breaststroke		41
42		13-over 100 butterfly		43
44		11-12 50 backstroke		45
46		11-over 100 freestyle		47
48		13-over 100 breaststroke		49
50		Open 200 Mixed Free Relay 2-girls,2-boys		
51		11-over 500 freestyle		52

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing in a timed final event or in a preliminary heat when finals are scheduled shall not be penalized.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- C. Scratching from Consolation Finals and Finals
- (1) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.
 - (4) It is determined by the Referee that there were no alternates for the consolation final or final race in which the swimmer failed to compete, and that the swimmer's failure to compete did not affect any other swimmer's ability to compete in the consolation final or final race.