

**LESI Eight & Under 2010 Championship Meet**  
**Sponsored by**  
**Penguin Swimming**  
**February 21, 2010**  
**Held under USA Swimming Sanction # LE 1009 S**

**HEAT dues date is MIDNIGHT on Friday, February 5, 2010.**

**LOCATION:** Youngstown State University, Beeghly Center, Spring St. Youngstown, OH 44555

**POOL:** 25 yards by 8 Lanes, 6' deep water at the starting blocks end of competition pool and 16' at the opposite end. Colorado electronic timing and eight-lane digital readout scoreboard with continuous warm-up pool.

**POOL MEASUREMENTS:** A) The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

**WATER DEPTH:** The depth of the pool at the start end is 6 feet. The depth at the turn end is 16 feet.

**STARTING TIMES:** Warm-ups will be from 9:05 – 9:50 a.m. The meet will start at 10:00 a.m.  
At the discretion of the Meet Safety director, warm ups may be split by gender or age group or team.

**ENTRY DEADLINE:** The HEAT dues date is MIDNIGHT on Friday, February 5, 2010. Please enter at [www.directathletics.com](http://www.directathletics.com). Address questions to Chuck Duchon at [meetentry@hudsonheat.com](mailto:meetentry@hudsonheat.com)

**ENTRY FEES:** Individual events \$4.00 plus a \$2.50 per swimmer HEAT/LESI surcharge. Entry fees will be deducted from your swimmers HEAT escrow account.

**ENTRY LIMITATIONS:** Swimmers may enter up to 4 individual events/day, exclusive of relays. Teams may enter 4 relays per relay event. Relays can be all-girl, all-boy or any combination thereof.

**DECK ENTRIES:** Deck entries will be taken on a space available basis up to 35 minutes before the start of the session and seeded at NT. Deck entrants should sign up in the deck entry office @ \$7.00 per individual event and \$ 10.00 per relay. Deck entry swimmers new to the meet will be charged \$2.00 LESI surcharge and must provide proof of USA Swimming registration.

**ELIGIBILITY:** The 8 & Under Championship Meet is open to all current athlete members of Lake Erie swimming who are 8 years or younger as of February 21, 2010 and **have swum entered events legally** in a previous USA Swimming sanctioned or approved competition. **Entries with NT will not be accepted.** Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. On-deck USA Swimming Athlete/Non-Athlete registration will **NOT** be available.

**QUALIFYING TIMES:** There are no qualifying times but swimmers must have attained an official time in order to enter an event, **entries with NT will not be accepted.**

**SWIMMERS WITH A DISABILITY:** Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. Events are timed finals. Events will be seeded together but awarded separately for 6-UN, 7 years, and 8 years. **25's will be started from the starting blocks.**

**SEEDING & CHECK IN:** Individual events will be pre-seeded and all swimmers will report to the "Clerk of Course" before each of their events. All relay events will be seeded on the deck. Relay cards must be turned in upon call in order to be seeded. In

accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

**AWARDS:** Plaques will be awarded to all participating swimmers. Place plates will be awarded up to 16<sup>th</sup> place for individual events and up to 8<sup>th</sup> place for relays events. Plaques and place plates can be picked up in the awards room after the results are announced. At the end of the meet if a participant has not received a place plate they may receive a participant plate from the awards room.

**ADMISSION COST:** Cost Per Person: \$3.00 Cost for Heat Sheets: \$3.00, Parking will be available in the M24 Lot located on the West side of 5th Ave. YSU also charges \$4.00 for parking.

**RESULTS:** Will be posted on <http://www.lakeerieswimming.com> and <http://www.penguinswim.com>. Teams may request a backup at the conclusion of the meet.

**SAFETY/WARM-UP:** Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. The non-competition end of the pool will be available for warm-ups and warm-down only under coach's direct supervision.

**No recording devices, including cell phones, can be used in the locker rooms at the site of a swim practice or meet.**

**COACHES:** Packets for coaches will be available in the deck-entry office on deck between the stairs. There may be a coaches meeting during warm-ups if necessary.

**UNSUPERVISED SWIMMERS:** Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

**MEET DIRECTOR:** Matt Anderson; [mlanderson04@ysu.edu](mailto:mlanderson04@ysu.edu); 330-317-0086

**SAFETY DIRECTOR:** Greg McAtee; [tigger\\_mac@hotmail.com](mailto:tigger_mac@hotmail.com); 330-503-2853

**MEET ENTRY CHAIR:** Matt Anderson; [mlanderson04@ysu.edu](mailto:mlanderson04@ysu.edu); 330-317-0086

**Directions:**

**From I-80:** Take the exit for OH-193/BELMONT AVE. Make a right on Belmont and proceed south about 1.5 miles to the light at Gypsy Lane. Make a left on Gypsy; at the fourth traffic light, make a right onto Fifth Avenue. Go about 1.6 miles on Fifth until you cross the overpass for Rt. 422. Spring St is the first stop light past the stadium. Beeghley Center is to the left on Spring St. (no outlet). Parking is to the Right.

**From the southeast (Pittsburgh):** Take the PA Turnpike to Exit 234 on the Ohio Turnpike. >From there, take I-680 approximately 10 miles to Exit 6B (Rt. 62 and Hubbard). Follow signs for YSU and take Rt. 422 West. Take the second exit (Fifth Avenue) and turn left on Fifth. Spring St is the first stop light past the stadium. Beeghley Center is to the left on Spring St. (no outlet). Parking is to the Right.

**HOTELS:****Youngstown area (5 miles north of campus):**

Hampton Inn  
4400 Belmont Ave.  
Youngstown, OH 44505  
330-759-9555

Quality Inn & Suites  
4055 Belmont Ave.  
Youngstown, OH 44505  
330-759-3180

**Niles/Austintown area (8 miles west of campus):**

Comfort Inn & Suites  
5425 Clarkins Dr.  
Austintown, OH 44515  
330-792-9740

Best Western Meander Inn  
870 N Canfield Niles Rd  
Youngstown, OH 44515  
(330) 544-2378

Fairfield Inn Youngstown  
801 N Canfield Niles Rd  
Youngstown, OH 44515  
(330) 505-2173

Hampton Inn Youngstown West  
880 N Canfield Niles Rd  
Youngstown, OH 44515  
(330) 544-0660

**Boardman/Poland area (10 miles south of campus):**

Fairfield Inn  
7397 Tiffany South  
Poland, OH 44514  
330-726-5979  
*\*Swim Meet Rate Available.  
Ask for 8 & Under Championship Rate.*

Hampton Inn  
7395 Tiffany South  
Boardman, OH 44512  
330-758-5191

Holiday Inn  
7410 South Ave.  
Boardman, OH 44512  
330-726-1611

Residence Inn  
7396 Tiffany South  
Boardman, OH 44512  
330-726-1747

Red Roof Inn  
1051 Tiffany South  
Boardman, OH 44512  
330-758-1999

Country Inn & Suites Youngstown West  
5570 Interstate Blvd.  
Youngstown Ohio 44515  
330-544-0300

**8 & Under Championships**  
**SCHEDULE OF EVENTS**  
Sunday February 21, 2010  
9:05 a.m. Warm-up, 10:00 a.m. meet start (Timed Finals)

All events are 8 and under but will be awarded separately for 6 and under, 7yrs. Old, and 8 yrs. Old.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	100 Freestyle	2
3	25 Butterfly	4
5	50 Backstroke	6
7	25 Breaststroke	8
9	50 Freestyle	10
11	100 Free Relay **	
12	50 Butterfly	13
14	25 Backstroke	15
16	50 Breaststroke	17
18	25 Freestyle	19
20	100 IM	21
22	100 Medley Relay **	

**\*\* Relays can be all-girl, all-boy or any combination thereof.**

**LAKE ERIE SWIMMING, INC.**

**INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
- (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
  - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

# EMERGENCY PROTOCOL BEEGHLY NATATORIUM

- \* Use the nearest safe exit.
- \* Do not gather belongings, just leave.
- \* Remain calm, walk and remain quiet.
- \* Listen to instructions from the announcer.

